



ROCKING HORSE REVIEW

T.E.A.D. Equestrian Association for the Disabled

Winter 2007/2008

Volunteers Are The Life Blood of T.E.A.D.

Since it's inception in April 1978, T.E.A.D. has been blessed with truly dedicated volunteers. They predominately assist with lessons, but are also called upon for their expertise in many other areas too. You know who you are & there really are too many of you to mention individually by name, but thank you from the bottom of our boots to each & every one of you that volunteer at T.E.A.D.

I also want to take this opportunity to say a huge thank you to **Dana Dobroski** who has been a volunteer Instructor on a Saturday morning for the past 8 years. **Dana** is a highly dedicated & exceptionally talented instructor. The riders all love her & the parents are always full of praise & compliments for what she achieves. **Dana** volunteers after putting in a full week at school teaching grade 8 students. **Dana**, thank you.

Thank you also to **Janet Bullen**, another of our truly dedicated volunteer Instructors. Janet teaches during the week as well as volunteering on many fundraising commit-

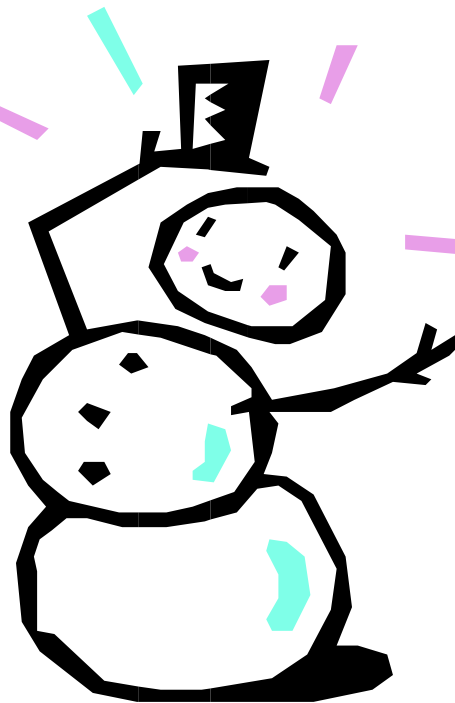
tees. Janet also conducts our volunteer orientation sessions on the first Friday of each month, introducing all our new volunteers to the challenges of being a leader or side walker. More recently, Janet has been assisted in these sessions by Jayne Laidlaw who obtained her C.T.R.A.I. certification earlier this year.

Grants & Donations

As many of you are aware, T.E.A.D. has no ongoing operating funding. We rely on grants & donations. We are currently in the second year of a 2 year Trillium Foundation Grant which has proved very successful.

We are also the "Charity of Choice" for AIC in Burlington for the next year.

We have also just received the wonderful news that the Ancaster AM Rotary has also chosen to support us donating \$10,000 a year for the next 3 years. We hope to make a substantial dent in our waiting list by building an outdoor sand school to run additional lessons in the spring, summer & fall.



HATS OFF TO THE T.E.A.D. VOLUNTEERS

Did you know ?

- *Volunteers are the life blood of T.E.A.D.*
- *Riding a horse simulates walking better than any other piece of therapeutic equipment.*
- *It costs \$5,000 a year to keep one horse*
- *Please remember to call the office if you are unable to volunteer .*
- *Please remember to leave a message at ext. 226 if you are a rider and unable to make your lesson.*
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Inside this issue:

Riding Forward Tours	3
Hoof Prints on the Heart	3
Massage Therapy	3
Donations	2
Pippa Hodge Clinic	2
Royal Winter Fair	2
Race Night	2

30 Glorious Years

In April 2008, T.E.A.D. will embark on it's 30th year of providing therapeutic riding lessons for children & adults with a disability in Hamilton & surrounding areas. We are currently looking for volunteers to assist us in planning

an event this summer or fall to help celebrate this momentous occasion. If you are interested, please contact Hilary Webb at ext. 224 or Wendy Ryan at ext. 221. We are also planning on making our regular events (Race Night, Ride A

Thon & Golf Tournament) that extra bit special this year. We are really hoping that those of you with hidden talents might be willing to assist in the following areas; designing a 30th anniversary logo, letterhead or other stationary i.e. note cards.



Race Night 2008 “And they’re off!”

Please check out our website for exciting upcoming events such as our ever popular “Race Night” This crowd pleaser takes place at Marritt Hall on the Ancaster Fairgrounds on Saturday, February 23, 2008. Tickets are already on sale for \$25.00 each. This includes dinner, cash bar, betting, silent & live auction & loads of fun!!!

Throughout the evening, 5 races take place. “Jockeys” who are participants from the audience, ride a very difficult course which includes a hurdle, to claim their spot in the winners circle. Bets can be placed on each race (max \$2.00) with the chance to win back what you bet & more! This event is run by a very hard working & committed team of long time

T.E.A.D. volunteers. They are currently securing donations for door prizes and a significant silent auction. If you have an item you would like to donate, please contact the office at 905-679-8323 & leave a message at ext 221 or 224 so that we can arrange pick up. Also call to reserve your tickets and/or table!



Race Night Committee Members

Co Chairs: Joanne Mahony

Janet Bullen

- Nicole Raiche
- Chris Klemens
- Anita Gough
- Bill Arrowsmith
- Jayne Laidlaw
- Diane Bradfield
- Hughanne Nopper
- Bill McGregor
- Peggy Dunmore
- Sheena Burns
- Wendy Ryan (staff)

Donations help reduce our daily operating costs!

Our volunteers already help– us in some many ways, but we also get asked “what else can I do?”

Some of you donate supplies that assist us in keeping our operating costs as low as possible. The following items represent some examples;

- Toilet paper
- Paper towel
- Copy paper

“Alex, thank you for the new wheel barrow!”

- Cleaning products
- Pine sol
- Bleach
- “Mr. Clean”

- Cat Food
- Carrots
- Blinds for the clubhouse
- Paint for the washroom
- Runner for the hallway
- Liquid hand soap

- Bottled water
- Craft supplies for camp
- Construction paper
- Laminating sheets
- File folders
- Pens
- Sheet protectors
- 3 Ring Binders
- Corn brooms
- Pitch forks

Pippa Hodge Clinic

On Saturday, October 15, 2007, 45 Therapeutic Riding Instructors, physiotherapists and Occupational Therapists attended a clinic hosted by T.E.A.D. Pippa Hodge is a Pediatric Physiotherapist from British Columbia who has a wealth of therapeutic riding experience. This day long session included such topics as matching a horse & rider, correct positioning on the horse & the age old question “To Trot or not to Trot” All who attended

were given plenty to think about & many new fun & interactive ideas to take home to their riders. Our thanks to Sonia Kockezcan of the Ontario Therapeutic Riding Association for organizing such a wonderful clinic. Thank you also to Peggy for taking care of all the refreshments. Thank you also to the riders & volunteers who assisted us in the arena.

Royal Winter Fair



Seasons Greetings!

Musical Ride in Toronto

T.E.A.D. was invited to perform their “Lion Cubs” musical rider at the Royal Winter Fair in Toronto. This was a great honour for us & we thank everyone who participated. Sincere thanks to the parents of the riders for getting your children to Toronto & also to our amazing volunteers; Kirsten, Jamie, Cynthia, Brenda, Charlene, Deb, Janet, Kyla, Sarah, Sheena & Gina!, you were perfect!!!

Riding Forward Tours

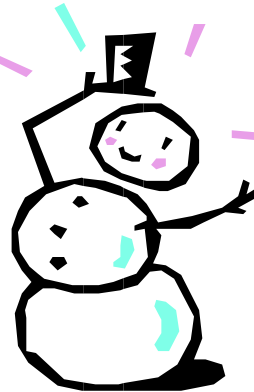
In April 2007, a group of volunteers who are passionate about T.E.A.D. got together to implement a new program—our "Riding Forward Tours" The purpose of these tours was to help increase T.E.A.D.'s profile in the community & to make sure that people know all the important facts about our program. Since April we have had 15 tours which more than 200 people have attended. Upon following up with the attendees, most have expressed that they did learn something about us that they had not previously known, & they were inspired by the stories they heard.

We urge every rider, volunteer, parent & caregiver to attend a tour & bring a friend

or family member with you. This is one of the greatest ways to help us spread the word about our programs & we will only take an hour of your valuable time.

All upcoming dates are posted on our website www.tead.on.ca

Please phone Hilary at 905-679-8323 ext. 224 for more information or to book for a tour, or email me at hilary@tead.on.ca



Help spread the word & tell a friend about T.E.A.D.

Committee Members

Erwin Mataitis
Jo-Anne Mataitis
Deb Paulissen
Janet Bullen
Michelle Arrowsmith
Frank Arrowsmith
Donna Grey
Gina Cook
Hilary Webb
Bill Arrowsmith

"Hoof Prints on The Heart"

On Wednesday, October 17th, 2007, T.E.A.D. held it's first annual "Hoof Prints on The Heart" fund raising breakfast. 171 people attended as we launched our "Riding Forward Society" Our thanks to the 12 people who

joined us as founding members by making an unrestricted financial contribution to us. To date T.E.A.D. has received \$102,000 in pledges for unrestricted

"In Riding A Horse we Borrow Freedom"

operating funds over the next five years.

To find out more about how you can become a member of our Riding Forward Society please contact Hilary at the office, or any of the Riding Forward Tour committee members.

We will be hosting another breakfast in 2008 which you may also wish to attend.

Ways to Donate to T.E.A.D.

Bequests
Stocks
Memorial donations
Rider Scholarships
Monthly donations

If you are already donating to United Way, you can ask them to direct your donation to T.E.A.D. All you need is our charitable registration number which is; 88987 4970 RR0001

Helen & Emma Attend an Equine Massage Therapy Course that our horses are now benefiting from.

In June of this year, T.E.A.D. hosted a four day intensive Equine Massage Therapy Course. Helen Clayton, Barn Manager & Emma McCormick who takes care of the barn on a Saturday both attended. They found it a very steep learning curve, but learned some invaluable skills. Since then, after both successfully completing & passing the course, the T.E.A.D. horses have been benefiting from their massage therapy techniques. A special mention to Helen for her wonderful care of Cindy .

About Therapy Horses

We currently have 14 therapy horses. Why, you ask do we need so many horses when we only have 4 riders per class? Well every horse is a different shape, size & has a different way of moving. Each rider is matched to their horse depending on their individual needs therefore requiring us to have a wide variety of horses available. Sometimes it take two or three tries before we find the most suitable

horse for a rider. They must be suited not only in movement, but also in temperament, height, width, stride length & speed too. These very special horses are our therapeutic teaching tool.



T.E.A.D. Equestrian Association for the Disabled

8360 Leeming Road East,
RR #3,
Mount Hope, Ontario
LOR 1W0

Phone: 905-679-8323
Fax: 905-679-1705
E-mail: hilary@tead.on.ca



Improving the quality of life for children & adults through quality therapeutic riding lessons

Staff Phone & email directory

<i>Hilary Webb</i>	hilary@tead.on.ca	224
<i>Pat Bullock</i>	pat@tead.on.ca	226
<i>Helen Clayton</i>	helen@tead.on.ca	230
<i>Wendy Ryan</i>	wendy@tead.on.ca	221
<i>Kim Meadowcroft</i>	admin@tead.on.ca	222

Part time Instructors

Kate Weech C.T.R.I. & E.C. Coach One

Gina Cook C.T.R.I.I. & E.C. Instructor

Volunteer Instructors

Dana Dobroski C.T.R.I.I.

Janet Bullen C.T.R.I.I.

Deb Paulissen C.T.R.A.I.

Jayne Laidlaw C.T.R.A.I.

For rider cancellations please leave a message at ext. 226

Adopt A Therapy Horse

For volunteer cancellations please leave a message at ext. 221

Each of our very special therapy horses costs \$5,000 a year to keep. This includes grain, hay, blacksmith, veterinary care & the special training they require. If you or your company would like to become a program donor by "Adopting A Therapy Horse for a year", we would be happy to "name" the horse to honour your valuable contribution. The following horses are currently on our therapy team;

Andy	on loan
Bonnie	donated
Bobby	on loan
Champion	donated
Chance	on loan
Cindy	donated
Ebony	"on trail"
Galway	donated
Lexie	on loan
Marengo	donated
Mikey	donated
Peanut	on loan
Robin	on loan
Spencer	on loan

Qualities we are looking for in a therapeutic riding horse;

- Sensible
- Patient
- Calm
- Sound (no limping)
- Able to withstand unbalanced riders
- Strong backs
- Good vision
- No vices
- Some experience i.e. has been on & off a trailer, attended a couple of shows, had a variety of riders and at least 7 years old.
- The horse will be taught to feel comfortable around unusual noises, our mounting ramp, lift, taught to ignore unintentional nudges & most importantly of all taught to accept our precious riders with disabilities.
- Of course this does not happen overnight. Once we have seen the horse in its own familiar environment, we will bring it to T.E.A.D. on a 1-3 month trial before accepting it. If you think you may know of a suitable horse, please contact Pat at ext.226

Donor Recognition Sign

We are currently researching the best way to create a donor recognition sign that can be displayed in a prominent location & easily updated. If you have ideas you would like to share with us, please contact Hilary at ext. 224

Winter Riding Session

If you are available to volunteer for the winter riding session, please let Wendy know your availability by calling ext. 221 or emailing her at wendy@tead.on.ca

Many riders do continue over the winter months as riding therapy is most beneficial when available on an ongoing basis!

Warm thoughts

We are currently looking into the cost & possibility of finding a heating source for the arena for next winter. If you can help with this please contact Hilary at the office.